



Hello HOH Families,

We hope this email finds you continuing to be safe and healthy!

It has been 91 days since we officially closed the gym due to the COVID-19 pandemic. Never in our wildest dream could we have had imagined that our doors would be shut for this long. However, we knew that we would be able to make it out of this and come back better than ever.

Our staff has worked tirelessly to prepare for the day we are permitted to re-open. During this time we have been closed our staff has completed online courses for staff education, filmed videos for our new online platform for classes, cleaned/disinfected the facility and prepared for new guidelines. It has been hard to do all of this without the heart of the gym, which is our students. Our students have been on our mind every day and we can't wait for them to be back laughing and learning.

**We have some very exciting news!!! Today, Governor Cuomo made an announcement regarding low-risk youth sports. We are pleased to announce that for NYS regions that are currently in Phase 3 of re-opening (which we are), Gymnastics can begin on Monday, July 6th!**

Our facility and staff are ready! We have systems in place for Physical Distancing and increased cleaning/disinfecting protocols. Our classes and programs will look a little different than what you are used to, but we are confident that we are offering an amazing program!

We are taking our own, "phased-approach" to re-opening which we refer to as "Steps." Based on the NYS Guidelines, we feel confident to start on July 6th with what we called "HOH Step 3."

To start, this summer we will be offering the following programs:

- Recreation Classes for Ages 5 & Up
- Competitive Team Practices\*\*
- Summer Day Program - 1/2 Day Morning and 1/2 Day Afternoon for Ages 5 & Up
- Private Lessons for All Ages

(We will not be offering classes for ages 4 and under right away. We are still working on the process for those ages to ensure physical distancing and that NYS Guidelines can be followed while instructing that age. We are offering Private Lessons for that age, where a parent/guardian will come out on the floor with the student.)

Our Summer Schedule and Online Registration for Classes, Team and Summer Day Program is on our website and on our Customer Portal.

*To login to our **Customer Portal**, go to your Location's Home Page.*

*In the upper right hand corner, there is a Green Box that says "**Click Here for Existing Customer Log-In.**"*

***Your Login** is the email address where this message was sent.*

*If you forgot your **Password**, just click the "Reset Password" link.*

If you are interested in setting up Private Lessons, please email us back and let us know!

Thank you all so much for kind words and amazing support! Many small businesses will not re-open due to this pandemic and we feel so fortunate that we will be able to re-open and have all of you to thank for that!

We look forward to seeing your gymnasts back in the gym!!

Head Over Heels Owners & Management

\*\*Team Families - please note that Virtual Team Training will end on June 30th (this is a change from our written Step 3). Also, when you register online, we will be processing your registration immediately. If you have already registered for summer, you do not need to register again.\*\*